



PROGRAMME
Saturday
6th May 2017
(V 2)

BAL Division 3 – Round 1

Host: Yeovil Olympiads
Venue: Picket Lane, BA21 3DS

www.yeovilolympiads.com

1-11	Bedford & County AC	Royal Blue with White trim
2-22	Chelmsford AC	Yellow, with broad Green stripe on chest
3-33	Derby - Mansfield Joint AC	Derby:White+Red/Green sidebar,Mansfield:Blue&Green
4-44	Havering AC	Gold and Blue sash
5-55	Notts AC	White + Yellow & Green bands
6-66	Rugby & Northampton AC	Light & Dark Blue diagonal split
7-77	Southend AC	Red, with Black sidebars
8-88	Yeovil Olympiads	Orange & Blue

Events		Draw
Hammer	A	7-8-3-2-4-6-5-1
	B	44-66-55-11-77-88-33-22
Long Jump	A	5-6-7-8-2-1-4-3
	B	22-11-44-33-55-66-77-88
High Jump	A	1-4-6-7-5-3-2-8
	B	55-33-22-88-11-44-66-77
Discus	A	4-7-5-1-6-8-3-2
	B	66-88-33-22-44-77-55-11
Pole Vault	A	8-5-2-4-3-7-1-6
	B	33-77-11-66-88-55-22-44
400m Hurdle	A	1-4-6-7-5-3-2-8
	B	55-33-22-88-11-44-66-77
800 Metre	A	4-7-5-1-6-8-3-2
	B	66-88-33-22-44-77-55-11
100 Metre	A	5-6-7-8-2-1-4-3
	B	22-11-44-33-55-66-77-88
S/Chase	A	7-8-3-2-4-6-5-1
	B	44-66-55-11-77-88-33-22
Triple Jump	A	8-5-2-4-3-7-1-6
	B	33-77-11-66-88-55-22-44
110m Hurdle	A	7-8-3-2-4-6-5-1
	B	44-66-55-11-77-88-33-22
Javelin	A	1-4-6-7-5-3-2-8
	B	55-33-22-88-11-44-66-77
400 Metre	A	6-3-4-5-1-2-8-7
	B	11-22-88-77-66-33-44-55
Shot Put	A	6-3-4-5-1-2-8-7
	B	11-22-88-77-66-33-44-55
1500 Metre	A	6-3-4-5-1-2-8-7
	B	11-22-88-77-66-33-44-55
200 Metre	A	8-5-2-4-3-7-1-6
	B	33-77-11-66-88-55-22-44
5k-3k	A	4-7-5-1-6-8-3-2
	B	66-88-33-22-44-77-55-11
4x100m Relay	A	3-2-1-6-8-4-7-5
4x400m Relay	A	2-1-8-3-7-5-6-4

Timetable

Start Time	
12:30 PM	Hammer
12:30	Long Jump
1:00	High Jump
2:15	Discus
2:15	Pole Vault
2:30	400m Hurdle
2:50	800 Metre
3:05	100 Metre
3:15	S/Chase
3:20	Triple Jump
3:35	110m Hurdle
3:55	Javelin
4:00	400 Metre
4:05	Shot Put
4:15	1500 Metre
4:25	200 Metre
4:40	5k-3k
5:05	4x100m Relay
5:25	4x400m Relay

Notes / Adjustments / Additions to Programme

3k / 5k

Rounds 1 & 3 will be 3k, while Rounds 2 & 4 will be 5k.

There will be no amendments to timetable because of this.

Pole Vault & High Jump

In Rounds 2 & 4 the heights will be the ones ending in 3's and 8's.

Non Scoring race times

2:10 100m - up to 4 races

4:00 400m - 1 n/s race, after A & B races

4:25 200m - 1 n/s race, after A & B races